

AGENDA

13th Pediatric Pain Master Class

Saturday, December 3 – Friday, December 9, 2022

Grand Hyatt San Francisco

San Francisco, California, United States



Saturday, December 3rd, 2022

Start Time	End Time	Duration	Title	Presenter
0855	0925	30 min	Registration	
0925	1125	120 min	Welcome, Announcements & Introductions (& Zoom practice for online audience) Matt Cook President, UCSF Benioff Children's Hospitals Raphael Hirsch, MD WH & Marie Wattis Distinguished Professor. Chair, Department of Pediatrics. UCSF School of Medicine. Physician-in-Chief, UCSF Benioff Children's Hospitals Elisa Stad UCSF Benioff Children's Hospitals Board Member	Andrea Postier, PhD; Stefan J. Friedrichsdorf, MD, FAAP
1125	1220	55 min	Death by PowerPoint: From Hook, Attitude, Knowledge & Skills in Pediatric Pain Teaching	Stefan J. Friedrichsdorf, MD, FAAP
1220	1320	60 min	Lunch	
1320	1415	55 min	Putting Things into Perspective: The US Opioid Crisis	Gary Walco, PhD
1415	1510	55 min	Integrative Medicine in the Treatment of Pain and Distressing Symptoms in Children	Jenifer Matthews, MD, Anna Hoffman, MSN, RN, FNP-C David Becker, MD
1510	1525	15 min	Break	
1525	1715	110 min	Multimodal Analgesia Workshop: Advanced pediatric pain treatment and prevention	Stefan J. Friedrichsdorf, MD, FAAP
1730	1930	120 min	Magic Evening Social: Appetizers & Drinks (Magic courtesy of Michael Pitt, MD)	

Sunday, December 4th, 2022

Start Time	End Time	Duration	Title	Presenter
0715	0800	45 min	Registration & Breakfast	
0800	0815	15 min	Welcome, Announcements, Reflection, Teach-Back	
0815	0910	55 min	Magical Thinking: What pediatric clinicians can learn from magicians	Michael Pitt, MD
0910	1005	55 min	The Neurobiology of Pain and Pain Control	Allan Basbaum, PhD
1005	1030	25 min	Break	
1030	1125	55 min	Back to the Future...? Where did we come from, where do we go to in pain medicine? Looking into the crystal ball	Allan Basbaum, PhD
1125	1220	55 min	Opioid-Rotation in Children Workshop: The complete crux of the incomplete cross-tolerance	Stefan J. Friedrichsdorf, MD, FAAP
1220	1320	60 min	Lunch	
1320	1415	55 min	Pediatric analgesic drug development or the history of advocacy	Gary Walco, PhD
1415	1510	55 min	Pediatric Pain Assessment: Translating assessment into better management	Terri Voepel-Lewis, PhD, RN
1510	1515	15 min	Break	
1515	1610	55 min	From Evidence to Influence: Making a difference in children with pain	Christine Chambers, PhD
1610	1705	55 min	From Nerve Blocks to Epidural Infusions: Regional anesthesia to treat pain in children – An Introduction	David Burns, MD
1705	1720	15 min	Q&A	All Faculty

Monday, December 5th, 2022

Start Time	End Time	Duration	Title	Presenter
0715	0800	45 min	Registration & Breakfast	
0800	0815	15 min	Welcome, Announcements, Reflection, Teach-Back	
0815	0910	55 min	Preventing Pain and Anxiety Caused by Needle Procedures. <i>Part 1: The "Why" and the "What"</i>	Stefan J. Friedrichsdorf, MD, FAAP
0910	1005	55 min	The Comfort Promise: Utilizing improvement methodology to bring evidence to the bedside. <i>Part 2: The "How"</i>	Donna Eull, PhD, RN, MA, CHPPN
1005	1030	25 min	Break	
1030	1125	55 min	Addressing Acute and Chronic Pain in Patients with Sick Cell Disease	Bill Zempsky, MD
1125	1220	55 min	Opioid Mitigation in Pediatrics	Terri Voepel-Lewis, PhD, RN
1220	1320	60 min	Lunch	
1320	1405	45 min	<u>BREAKOUT ROOM 1:</u> Psychotherapy for Kids in Pain: From Skills-based training to CBT and ACT	Cristina Benki, PhD Amanda Wagstaff, PhD
1320	1405	45 min	<u>BREAKOUT ROOM 2:</u> Basic Analgesia - Yet Not So Basic? Acetaminophen (Paracetamol), NSAIDs, COX-2 Inhibitors and dipyrrone (metamizole)	David Burns, MD
1405	1450	45 min	<u>BREAKOUT ROOM 1:</u> Beyond Nitrous Gas: Pediatric Sedation & Anxiolysis for Painful Procedures	Karen Sun, MD, FAAP
1405	1450	45 min	<u>BREAKOUT ROOM 2:</u> Advanced regional anesthesia modalities to treat or prevent pain in children: Part 2	Amber Borucki, MD
1450	1505	15 min	Break	
1505	1550	45 min	<u>BREAKOUT ROOM 1:</u> Pain Rehabilitation	Will Bernal, MD & Neha Seth, PT
1505	1550	45 min	<u>BREAKOUT ROOM 2:</u> Role of Infusions in Acute Pain Treatment: From lidocaine protocols, dexmedetomidine, to low-dose ketamine.	Steve Long, MD, Anurag Agrawal, MD
1550	1635	45 min	<u>BREAKOUT ROOM 1:</u> Massage in Pediatric Pain & Symptom Management	Marcia Degelman, Cathy Fujimoto, CMT, Kate Phelan
1550	1635	45 min	<u>BREAKOUT ROOM 2:</u> Acute Pain Treatment in the Adolescent with History of Substance use Disorder	Amber Borucki, MD
1635	1730	55 min	Feelings and Family: The role of psychosocial factors in children's pain	Christine Chambers, PhD
1730	1745	15 min	Q&A	All Faculty

Tuesday, December 6th, 2022

Start Time	End Time	Duration	Title	Presenter
0715	0800	45 min	Registration & Breakfast	
0800	0815	15 min	Welcome, Announcements, Reflection, Teach-Back	
0815	0915	60 min	Cannabis and Cannabinoids for Pain Treatment in Pediatrics: Safe and effective? A Debate	Pro: Bill Zempsky, MD Contra: Stefan Friedrichsdorf, MD Moderator: Amber Borucki, MD
0915	1010	55 min	Pain, Sex, and Death	Jeffrey Mogil, PhD
1010	1035	25 min	Break	
1035	1130	55 min	Bias and Pediatric Pain Treatment	Marsha Treadwell, PhD
1130	1225	55 min	Acupuncture and Traditional Chinese Medicine in Pediatric Analgesia	Robyn Adcock, DACM, L.Ac.; Karen Villanueva, DAIM, LAc, Dipl. OM, RN
1225	1325	60 min	Lunch	
1325	1515	110 min	Neuropathic Pain and use of Adjuvant Analgesia Workshop: Advanced Pain Treatment in Children with Serious Disease	Stefan Friedrichsdorf, MD
1515	1530	15 min	Break	
1530	1625	55 min	Adverse Childhood Events (ACE) in Pediatric Pain: Screening and Implementation	Cristina Benki, PhD
1625	1640	15 min	Q&A	All Faculty
Evening Social				

Wednesday, December 7th, 2022

Start Time	End Time	Duration	Title	Presenter
0715	0800	45 min	Registration & Breakfast	
0800	0815	15 min	Welcome, Announcements, Reflection, Teach-Back	
0815	1055	110 min	Primary Pain Disorders Workshop: Chronic pain in head, abdomen, muscles, and joints	Stefan Friedrichsdorf, MD
1005	1030	25 min	Break	
1030	1125	55 min	Mistakes Were Made: How to Fix Pain Research (and Treatment)	Jeffrey Mogil, PhD
1125	1220	55 min	Opioid Selection in the Pediatric Population Part I: Mixed agonist/antagonist, partial opioid agonists & multi-mechanism analgesics	Stefan Friedrichsdorf, MD
1220	1320	60 min	Lunch	
1320	1415	55 min	I Had a Dream: Nitrous oxide analgesia and sedation in children	Judy Zier, MD
1415	1510	55 min	Cryoanalgesia for postoperative pain management. Literally cool!	Sunghoon Kim, MD
1510	1525	15 min	Q&A	All Faculty

Thursday, December 8th, 2022

Start Time	End Time	Duration	Title	Presenter
0715	0800	45 min	Registration & Breakfast	
0800	0815	15 min	Welcome, Announcements, Reflection, Teach-Back	
0815	0910	55 min	Know Pain and Know Gain: Pain neurophysiology education	Michael Sangster, MBA, BSc (PT)
0910	1005	55 min	Integrating Virtual Reality into Pediatric Medicine: It's not like we are talking about brain surgery ... or is it?	Auguste Kurtis, MD
1005	1030	25 min	Break	
1030	1220	110 min	Hypnosis and hypnotic language to treat and prevent pain and anxiety in pediatric patients	Leora Kuttner, PhD
1220	1320	60 min	Lunch	
1320	1415	55 min	Opioid Selection in the Pediatric Population. Part II: Full μ -opioid agonists	Stefan Friedrichsdorf, MD
1415	1510	55 min	Delivering transformative action in pediatric pain: The Lancet Report	Rebecca Slater, PhD
1510	1525	15 min	Break	
1525	1620	55 min	The Magic Glove: A versatile hypnotic technique	Leora Kuttner, PhD
1620	1635	15 min	Q&A	All Faculty

Friday, December 9th, 2022

Start Time	End Time	Duration	Title	Presenter
0715	0800	45 min	Registration & Breakfast	
0800	0815	15 min	Welcome, Announcements, Reflection, Teach-Back	
0815	0910	55 min	Methadone in Pediatrics: Taming of the shrew	Stefan Friedrichsdorf, MD
0910	1005	55 min	Does Analgesia in Infants Improve Their Outcome? What we know...and what we don't...	Rebecca Slater, PhD
1005	1030	25 min	Break	
1030	1125	55 min	Muenchhausen by Doctor? The "ACNES", "Chronic Lyme's", "Mast Cell Degranulation," "POTS", and "Dysautonomia" Trees in the Chronic Pain Forest	Will Bernal, MD
1125	1220	55 min	Chronic intractable pain and irritability in children with neurological impairment	Julie Hauer, MD
1220	1250	30 min	Lunch	
1250	1345	55 min	Integrative Pain Treatment in Neonates and Infants	Marsha Campbell-Yeo, PhD, RN
1345	1440	55 min	Called to Arms: The adventure of pediatric pain management & next steps	Stefan J. Friedrichsdorf, MD
1440	1505	15 min	Q&A	All Faculty