



1st ASPA FLEX-2

Focused Learning Education Experience

Stumbling blocks and solutions in a child with pain: post webinar report



January 16, 2022
1700H Singapore time



Background

- Pain intervention for a child with complex pain aetiology is challenging.
- Frequently we are faced with stumbling blocks along the course of treatment that exacerbates the existing challenges.
- These webinar shared solutions to alleviate these roadblocks.
- Dr Teddy Fabila (Philippines) the webinar lead, and Dr Vivian Yuen (Hong Kong) the webinar IT Support, organised these webinar in the given 3 weeks time preparation period.
- The organising team and the ASPA Education committee expressed their gratitude to the invited speakers for accepting the invitation given the very short notice to share their expertise.



Webinar speakers

- Dr Janice Ng, Ms Becky Tsang, and Ms Sanne Fong from Hong Kong Children's Hospital highlighted the importance of multimodal and multidisciplinary opioid-sparing pain strategies in a patient with complex osteosarcoma recovering from amputation.
- Dr Kathrina Isabel Epino from Philippine General Hospital provided opioid rotation techniques for a complex cancer patient.
- Dr Serene Lim from KK Women's and Children's Hospital, Singapore introduced the value of integrative medicine for paediatric pain treatment and prevention.
- All questions in the Q and A box were answered by text and live panel during the webinar.





Asian Society of Paediatric Anaesthesiologists



1st ASPA FLEX-2 Focused Learning Education Experience

Stumbling blocks and solutions in a child with pain

16 January 2022

UCT SGP IND KOR/JPN THA TUR
0900H | 1700H | 1430H | 1800H | 1600H | 1200H



Scan
FREE
Registration
FOR MORE INFORMATION,
VISIT: www.aspa-2000.com



Speakers



Dr Janice Ng
Paediatric pain
specialist



**Ms. Becky
Tsang**
Physio
Therapists



**Ms. Sanne
Fong**
Occupational
Therapists



Multimodal and multidisciplinary
pain management for hip
disarticulation surgery in a child
with aggressive osteosarcoma

Hong Kong Children's Hospital



Opioid rotation for
complex oncology
patients

Dr Kathrina Isabel Epino
Clinical Associate Professor
Head
Division of Pain Medicine
Department of Anesthesiology
Philippine General Hospital



Integrating integrative
medicine in complex
chronic pain: Options
and what works best

Dr Serene Lim
Senior Consultant
Children's Pain Service
Department of Paediatric
Anaesthesia
KK Women's and Children's
Hospital

Moderators:

Dr Teddy Fabila
Paediatric
Anaesthesiologist
Webinar Lead



Dr Vivian Yuen
Paediatric
Anaesthesiologist
IT support



ASPA FLEX

WEBINAR SERIES



Stumbling blocks and solutions in a child with pain: programme

Time (SGT)	Speakers	Topics
1700H	Dr Teddy Fabila (Lead/Moderator) Dr Vivian Yuen (Co-moderator/IT)	Welcome Speakers' introduction
1705H	Dr Janice Ng Ms. Becky Tsang Ms. Sanne Fong	“Multimodal and multidisciplinary pain management for hip disarticulation surgery in a child with aggressive osteosarcoma”
1735H	Panel discussion/Q and A session	
1745H	Dr Kathrina Isabel Epino	“Opioid rotation for complex oncology patients”
1805H	Panel discussion/Q and A session	
1815H	Dr Serene Lim	“Integrating integrative medicine in complex chronic pain: Options and what works best”
1835H	Panel discussion/Q and A session	

Attendee's report

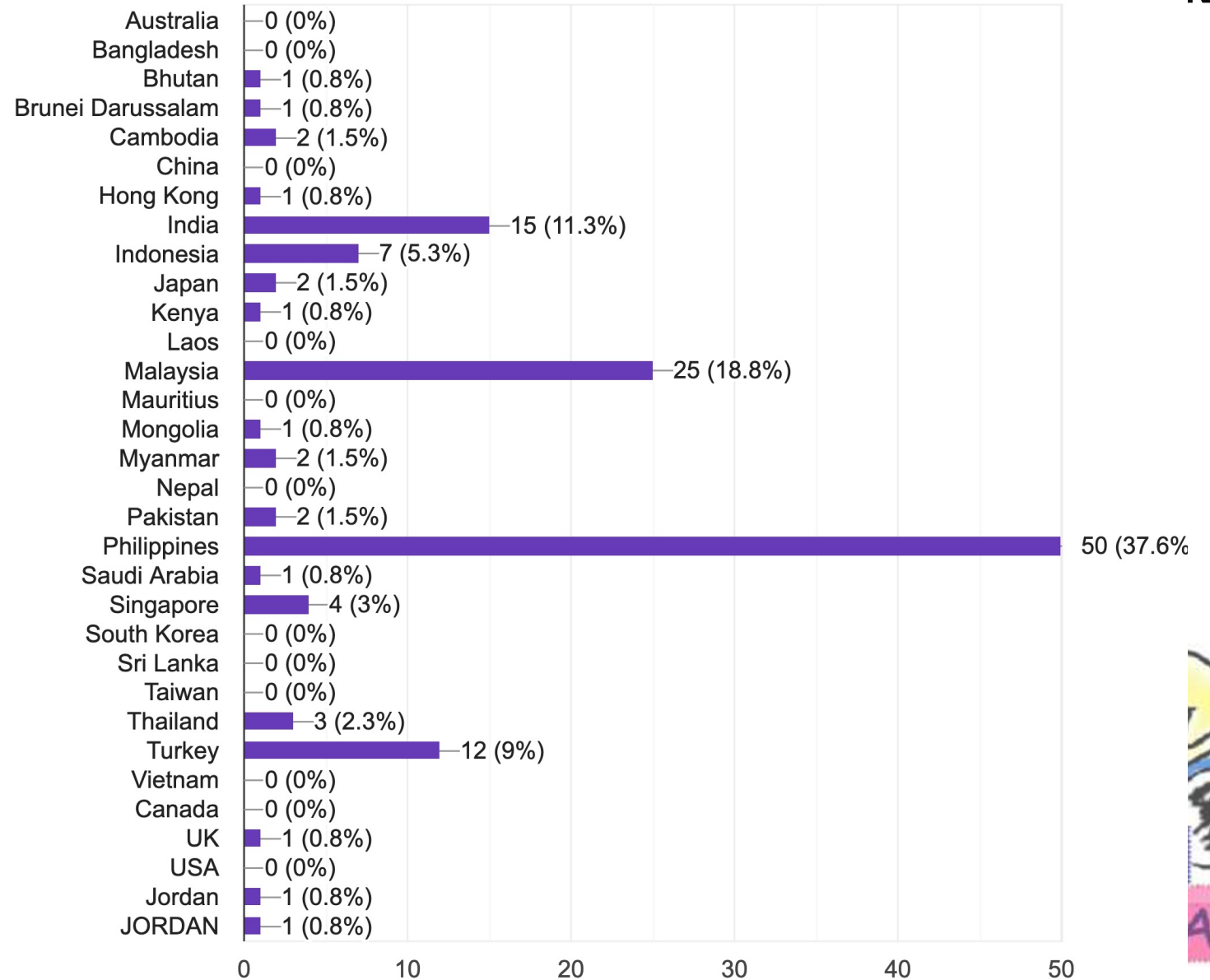
Registrants	427
Unique viewers	224
Post webinar survey respondents	133





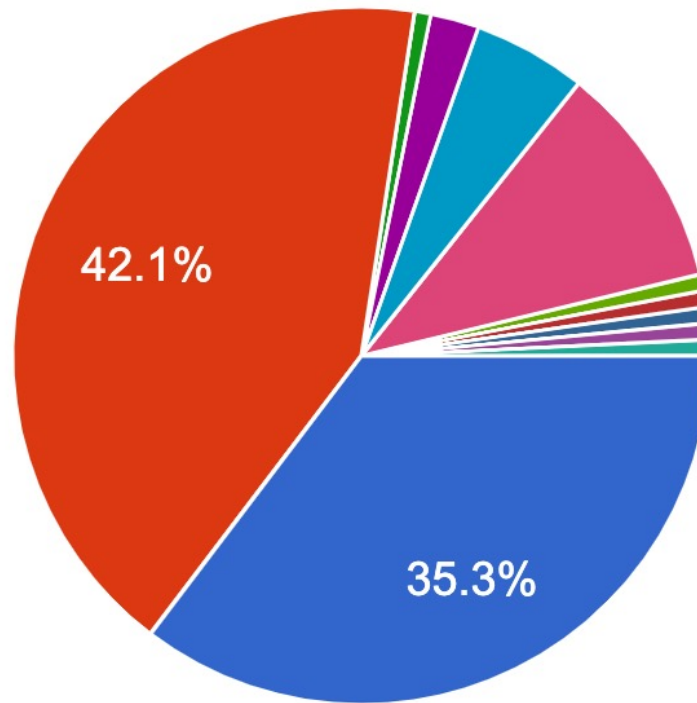
Post webinar survey results

Country
133 responses



Clinical/Professional Specialty

133 responses

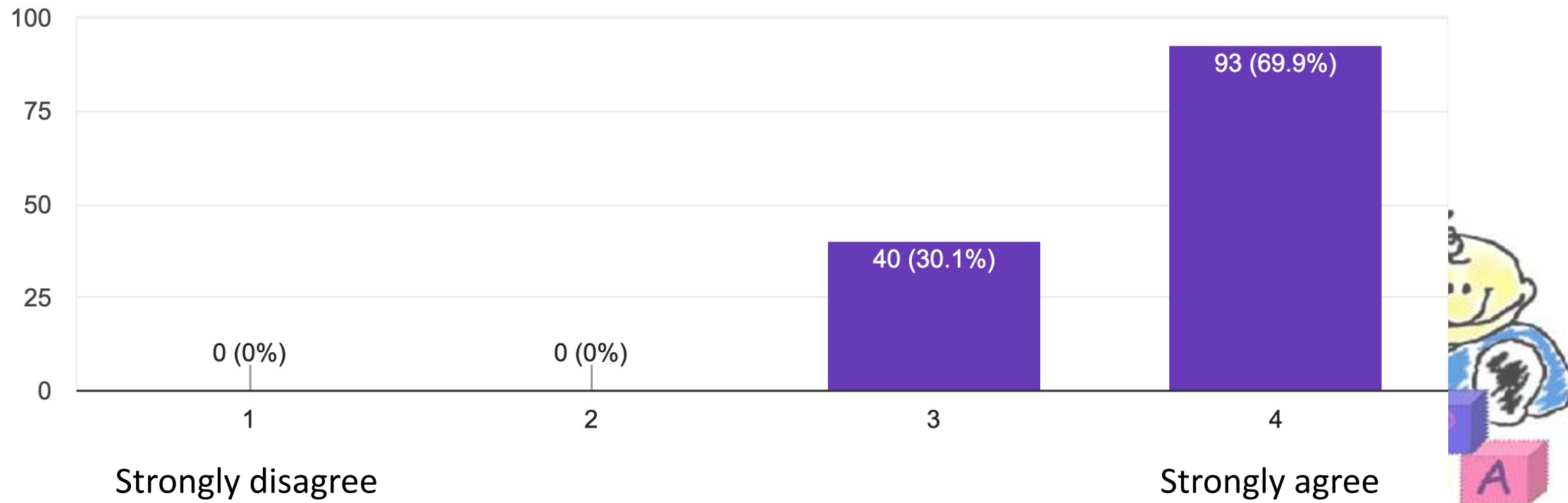


- Paediatric Anaesthetists
- General Anaesthetists
- Surgery
- Paediatrician
- Intensive care
- Nurse
- Resident/fellow
- Anaesthetist & Pain Specialist

Post webinar survey results

ASPA-FLEX Webinar delivered information I expected to receive .

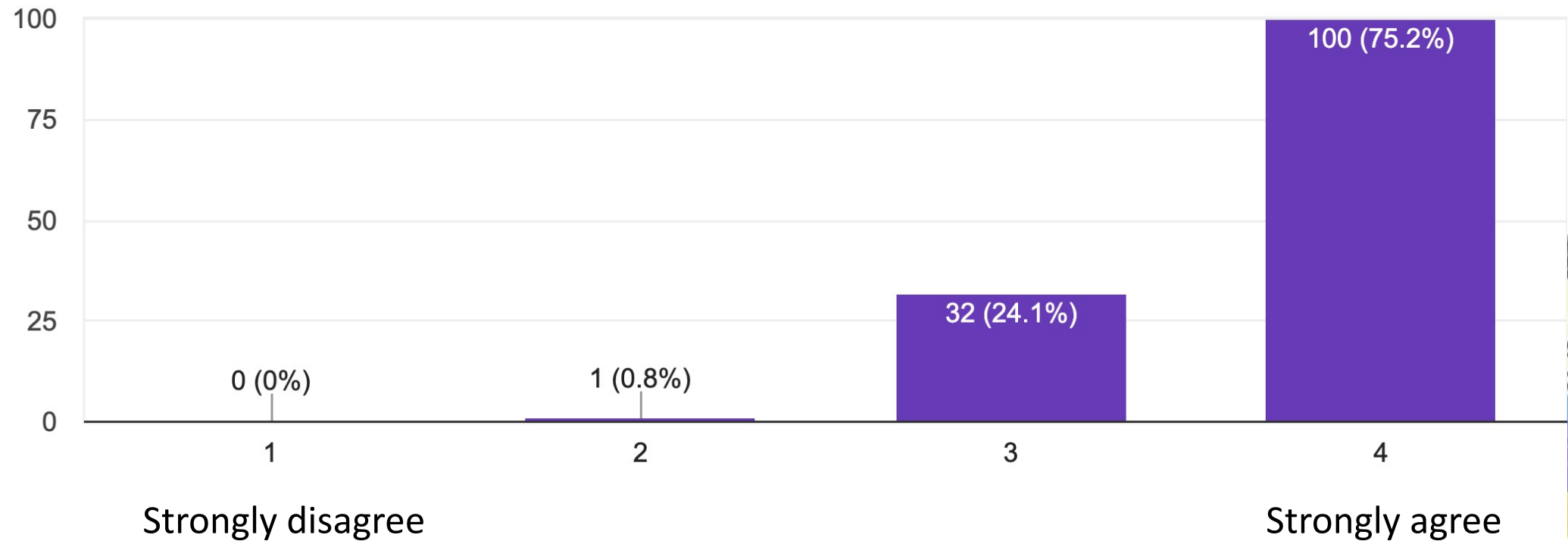
133 responses



Post webinar survey results

I gained new knowledge

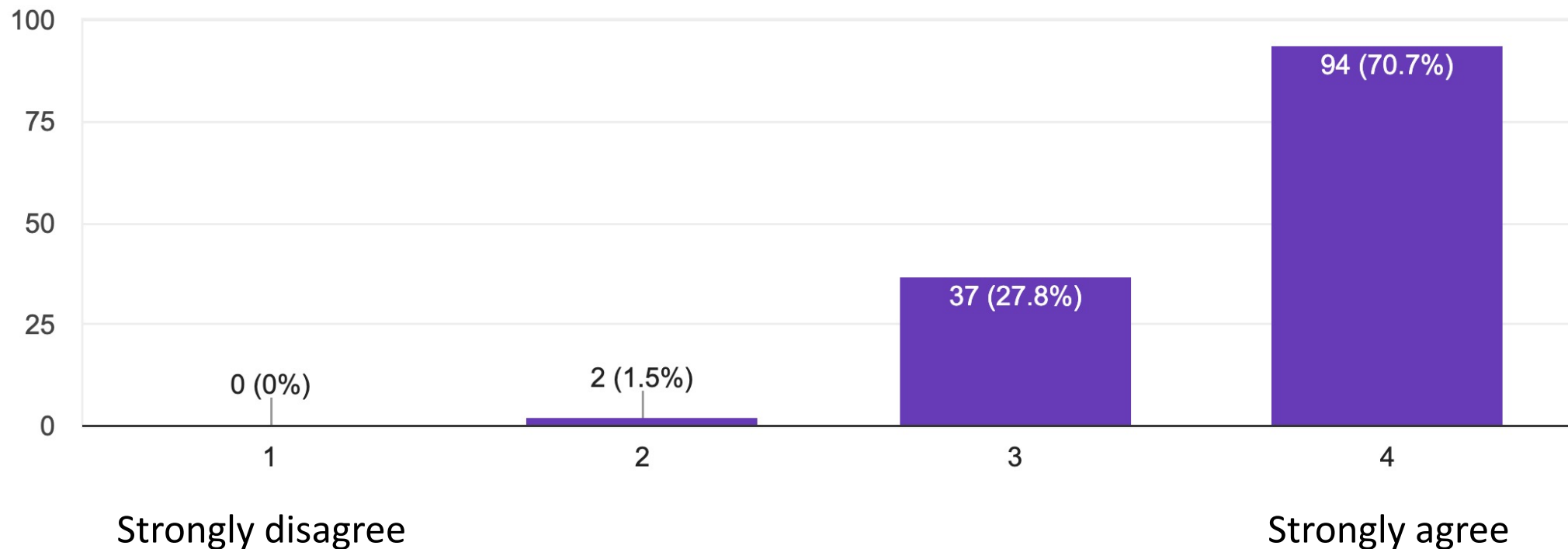
133 responses



Post webinar survey results

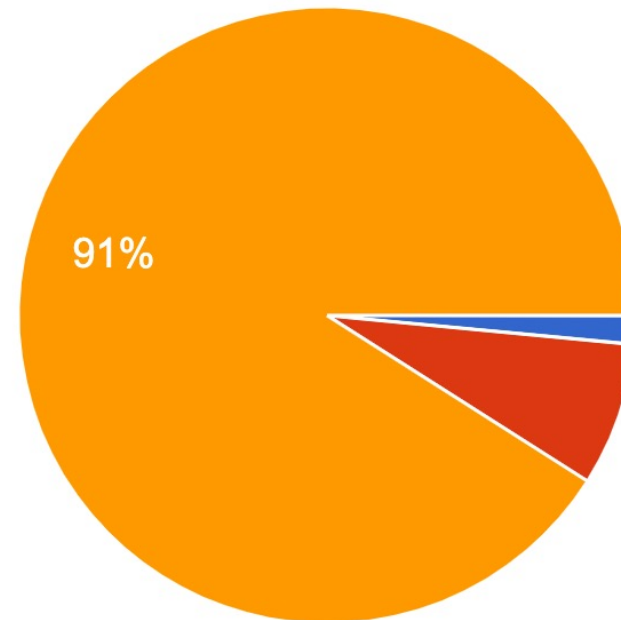
I plan to apply what I learnt from this webinar.

133 responses



Post webinar survey results

The duration of the webinar was:
133 responses



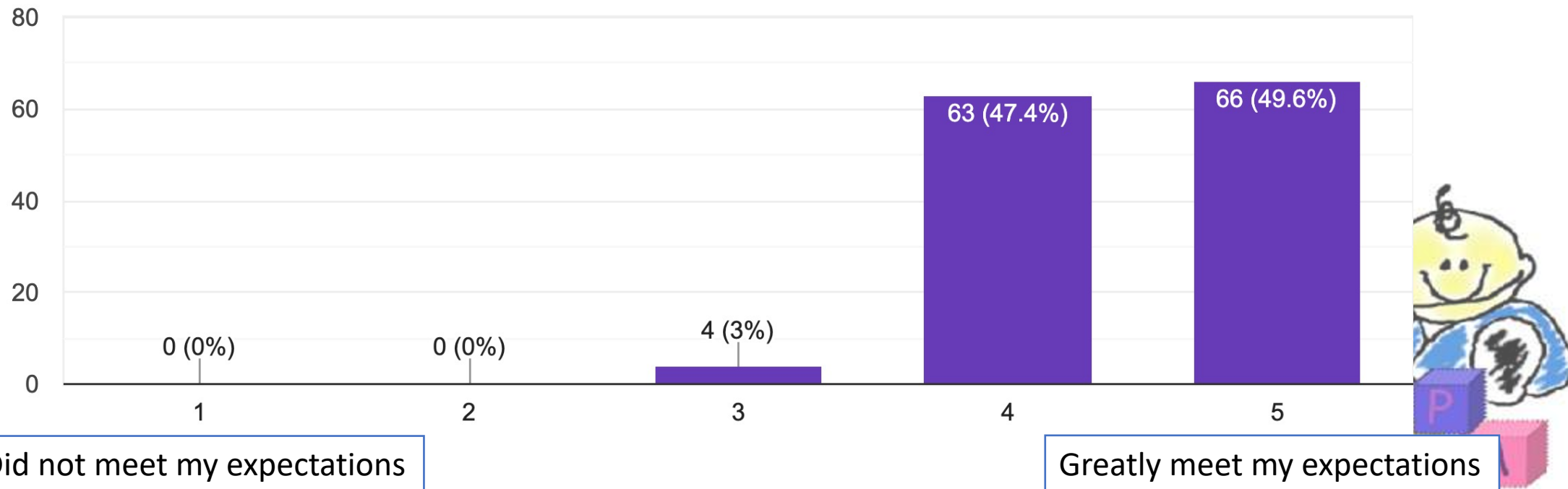
- too short
- too long
- just right



Post webinar survey results

The talk by Dr Janice Ng, Ms Becky Tsang, and Sanne Fong on "Multimodal and multidisciplinary pain management for hip disarticulation surgery in a child with aggressive osteosarcoma"

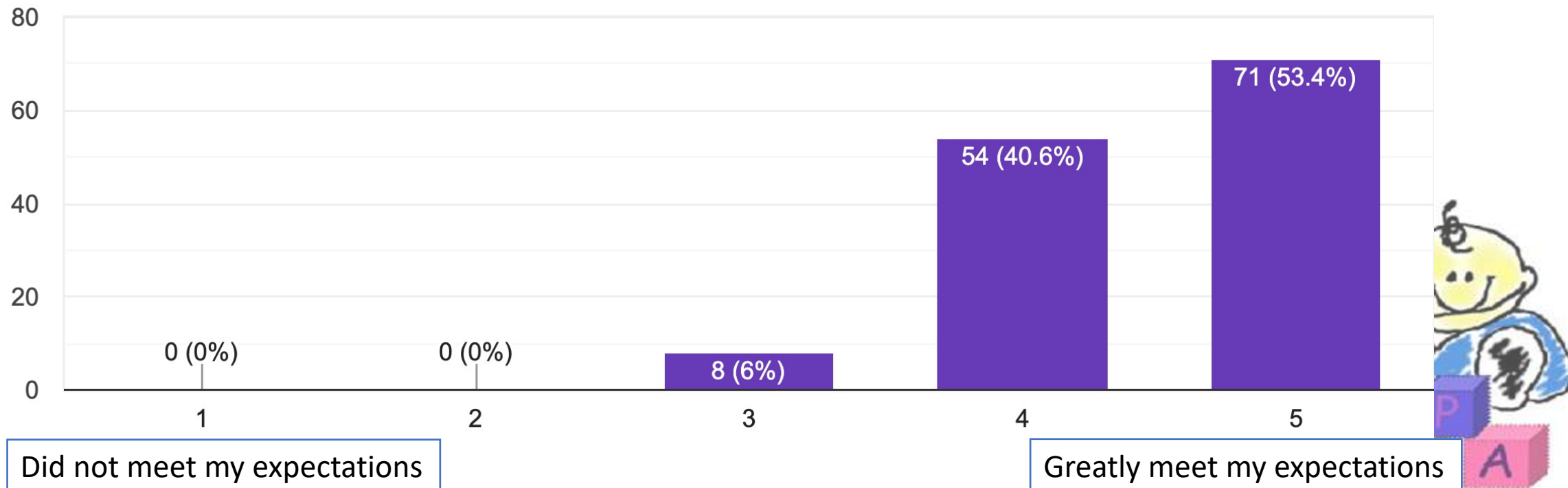
133 responses



Post webinar survey results

The talk by Dr Kathrina Isabel Epino on "Opioid rotation for complex oncology patients"

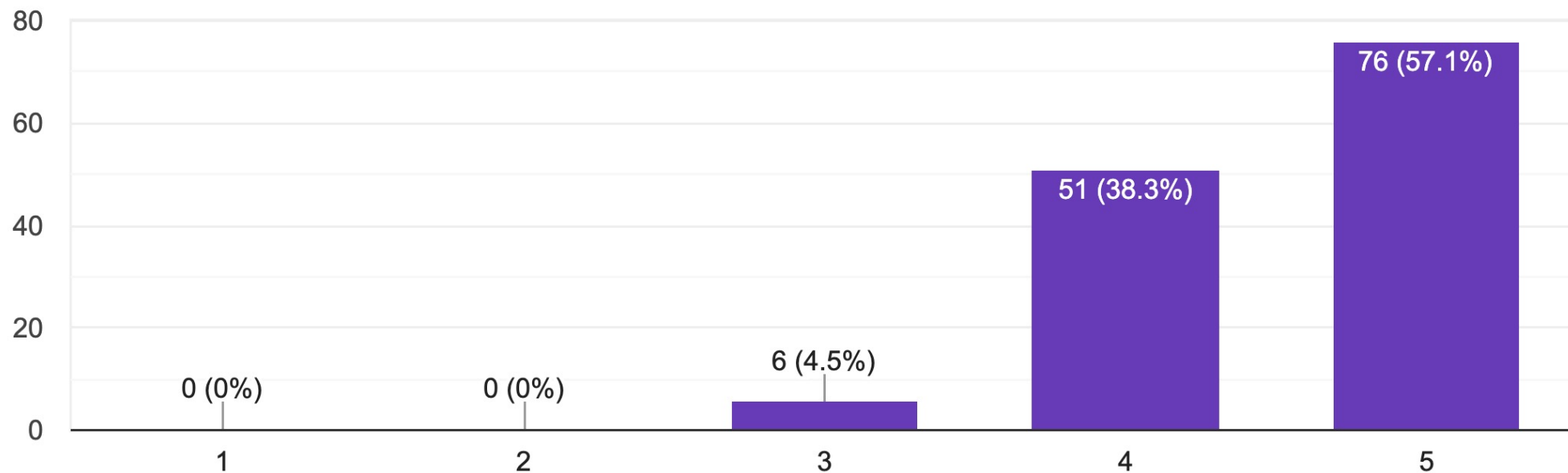
133 responses



Post webinar survey results

The talk by Dr Serene Lim on "Integrating integrative medicine in complex chronic pain: Options and what works best"

133 responses



Did not meet my expectations

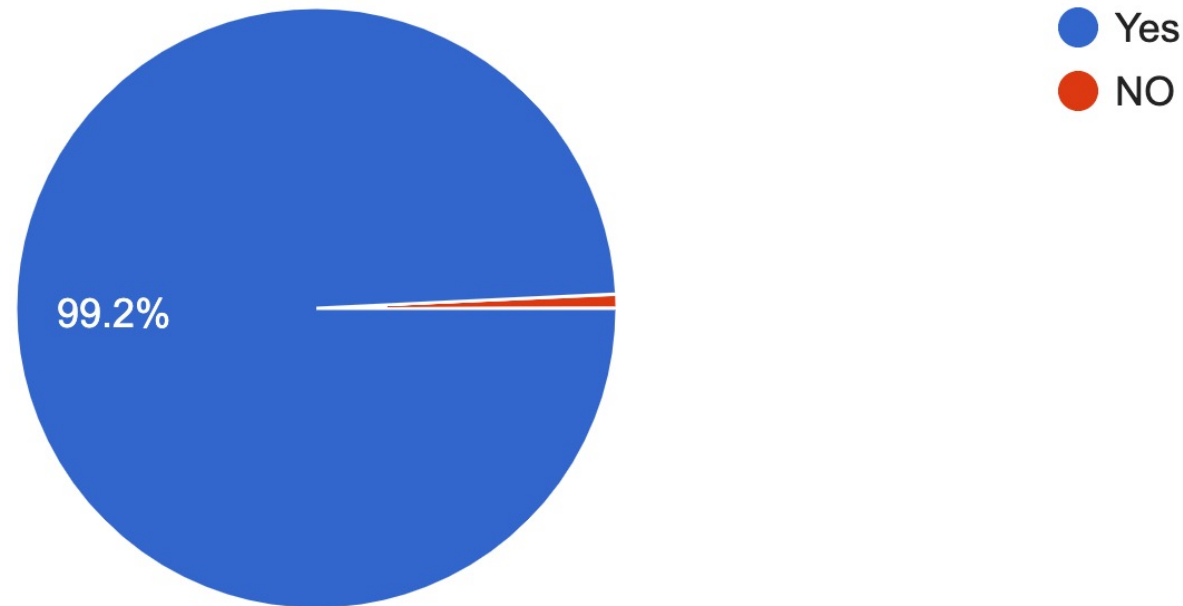
Greatly meet my expectations



Post webinar survey results

I would recommend this webinar series to fellow healthcare professionals.

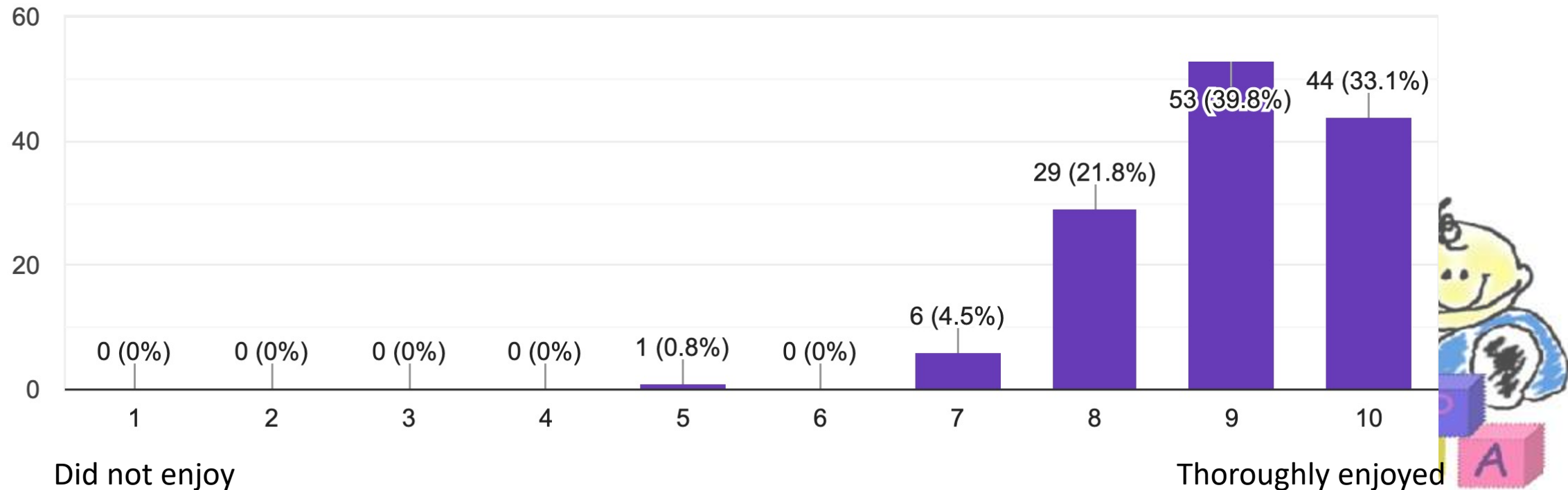
133 responses



Post webinar survey results

How would you rate today's webinar?

133 responses



What is the best part of the webinar?

- Opioid rotation
- Opioid rotation lecture by Dr Epino
- Question/answers in chat were very informative
- Applied physiology
- Question and answer portion
- The talk by Dr Serene Lim on "Integrating integrative medicine in complex chronic pain: Options and what works best"
- How the discussion of management was correlated to an actual patient
- Case based presentation and discussion among the panels
- The discussion and presentations of the topic was the best part
- Hearing different ways of approaching a problem
- About the opioid drugs for oncology patients
- Pain management in hip surgery in patient with aggressive osteosarcoma



What is the best part of the webinar?

- Getting the allied health perspectives
- Calculation and conversion of opioids
- New knowledge of pain
- Practical tips given
- Updated recent knowledge.
- The discussion part/Q&A
- Question and answer part
- Innovations in pain mngt
- Interactive discussion among the speakers
- The webinar about multidisciplinary and multimodal pain management



What is the best part of the webinar?

- I enjoyed a lot the whole programme but the way the host managed it and most amazing one the talk of Dr. Lim the way she explained. Just loved it
- Multimodal analgesia and multidisciplinary approach in pain management
- Pediatric alternative painkilling techniques like that aromatherapy and acupressure
- Multidisciplinary approach
- Polling questions at the end to ensure good understanding of lecture / topics discussed
- Short and concise
- acupuncture
- First time having non-Anesthetist input is refreshing.
- Other options of pain management for pediatric patients
- Discussion regarding how overcome pain with many modalities including CAM
- Integrated Medicine



What is the best part of the webinar?

- Highlighting new modalities and incorporating acupuncture and alternate medicine that can play a role
- Panel Discussion
- Opioid conversion from parenteral to oral
- Opioid rotation topic and integrative medicine
- The talk by Dr Serene Lim on "Integrating integrative medicine in complex chronic pain: Options and what works best
- What they are doing to treat pain patients in Asia countries.
- Question and Answer
- Clear explanations, evidence-based recommendations, very useful for me as i do pediatric anesthesia not regularly
- Evidence based recommendations
- Opioid rotation for complex oncology patients



How can we improve ASPA-FLEX webinar series?

- Continue this activity
- It was smooth flowing indeed
- Keep up the good work
- More frequent schedule of webinar series
- More about stepladder in pain ttt like each group of conditions
- Timing...would be great if it can be done in the morning
- Already improved
- Consider addressing more mundane clinical issues in paediatric anaesthesia-eg: the child with URTI, regional anaesthesia, etc
- it can be enough
- Please increase the number of the webinars
- Can do series like every 4 or 6 month



How can we improve ASPA-FLEX webinar series?

- **May be the time can put 3pm.**
- Quality of slides may be better
- Am satisfied with the series.
- Just keep going
- Make the fonts of some slide presentations bigger and clearer
- More webinars please
- Invite international speakers from African continent to discuss paediatric cases from the continent
- Daily cases and difficult cases
- Add some polling during the webinar
- More case series representing
- Not only lecture but video if needed
- I think there should be interactive session with other participants.



How can we improve ASPA-FLEX webinar series?

- Mat be English subtitle will help us understand better
- Morning session
- Fonts of the Slides might be a bit bigger
- I couldn't find the program prior to the webinar or maybe I missed it. It would be beneficial if we could get the program prior to the webinar.
- Reduce the background noise and clearer audio for recorded lecture
- Do it Monthly
- More Interactive
- subtitle
- Actively participate and speaking by speakers
- Make the webinar duration shower and concise.
- Conduct once in 2 weeks please



What other topics would you like to be discussed in subsequent webinars?

- Regional anesthesia in paediatric patients
- Approach to plastic surgery
- Pediatric BIS monitoring
- Interventional Pain Management
- Pediatrics with heart disease
- management of the septic pediatric patient for surgery
- Involvement of common chronic pain procedure in peds
- Acute and Chronic Pain Management in Burn Patients
- Neuroanesthesia
- Fluid therapy perioperatively.
- Anaesthesia management in cardiac surgery
- Ponv in children



What other topics would you like to be discussed in subsequent webinars?

- laparoscopic procedures in pediatrics
- preop evaluation and Nora
- Chronic pain in children. Neonatal emergencies. Difficult airway in neonates and syndromic children.
- Pediatric Anesthesia during COVID times
- I am interested in Regional Anaesthesia and Pain management
- How to control anxiety of children peri-operation.
- Preparations for surgery in patients with congenital disorders
- Anaesthesia and premature baby
- Mechanical ventilation for paediatric patient
- Ultrasound guided Airway management and blocks
- PAIN MANAGEMENT
- TPN in neonates



What other topics would you like to be discussed in subsequent webinars?

- Paediatric sedation
- Handling patient with psychological issues
- Difficult iv access
- Paediatric tissue perfusion
- Regional Anaesthesia block for pediatric patients
- PreMed / pre Anesth sedation for difficult children
- Critical care- Anesthesia
- Pediatric fluid and electrolytes
- Exit procedures and anesthesia
- I try to follow the seminars regularly. Almost everything I want is covered. Thank you very much everyone for these informative webinars. It can be very nice if there are webinars about pediatric echocardiography, lung ultrasound, bronchoscopy again.
- Critical care in children



Recommendations

- Organizing team should be given 2 months minimum in preparing the webinar.
- Suggest to move timing to 3PM Singapore Time.
- Educational materials related to the webinar topic should be uploaded in the ASPA Website together with the post-webinar report.
- Webinar program should be included in the follow up email.

