Report of 3rd Webinar of ASPA FLEX series September 20, 2020, 1700H SGT

"Abdominal Emergencies in Infants" and "Remimazolam in Paediatric Practice"

The 3 webinar had a panel of multi-disciplinary specialists from surgery and anaesthesia from three Asian countries Invitations were sent to each of the speakers with a request for permissionto record and upload their talks on the website, Facebook and Youtube.

Moderators for this session were Dr Rebecca Jacob (Lead Moderator from Bangalore, India) and Dr Angelina Gapay (Co- Moderator, Tacloban, Philippines)

The Program

We divided the program into 2 sessions . Session 1 was on Infant Abdominal emergencies with 2 speakers and a Q&A session to follow. Session 2 was on Remimazolam a very new sedative drug . This was also followed by a Q&A session

Speakers

 The First Speaker was Dr Ong Lin Yin (Surgeon , Singapore) Head and Senior Consultant

 Department of Paediatric Surgery
 KK Women's and Children's Hospital, Singapore
 Deputy Vice Chair, Faculty Affairs and Professional Development
 Surgery ACP

 Adj Assistant Professor

 Lee Kong Chian School of Medicine
 Adj Assistant Professor
 Duke-NUS Medical School

She spoke on "Infant Abdominal Emergencies- Perspective from the other side" giving us a glimpse of the surgeons perspective

• The second speaker was Dr Elsa Varghese (Anaesthesiologist, India) President Indian Association od Paediatric Anaesthesiologists Indian co-ordinator for ASPA PPLS Formerly Prof Dept. of Anesthesiology, Kasturba Medical College, Mangalore, India

She spoke on "Anaesthetic Issues to be dealt with in Infant Abdominal Emergencies"

• The third Speaker was Dr Norifumi Kuratani (Anaesthesiologist, Japan) Anaesthesiologist-in-Chief - Saitama Children's Medical Center, Saitama, Japan Clinical Professor - Tohoku University, School of Medicine, Sendai, Japan Visiting Research Associate - Teikyo University, Graduate School of Public Health

He spoke on "Remimazolam: a game changer of paediatric intravenous anaesthesia?"

Results of the survey (see attached pdf file)

503 participants attended though there were 907 registrants. This is less than FLEX 2 which had more than 600 participants

Lessons we learned in preparing for and conducting this webinar

Practice is very important

On encouragement from Vrushali and help from Teddy we had 2 practices prior to the session and a quick run through $\frac{1}{2}$ hour before start.

The first practice showed us how unprepared we were and we all commented on each others presentations – all of which were accepted with good grace! We checked the timing (very strict), speech and sound quality, quality of ppt including background, spelling , removal of unnecessary , distracting animations etc. It was of special help to Lin Yin and Elsa to focus on their talks and prevent overlap of material. It also helped the moderators to hear the talks earlier and screen the questions knowing that some of the answers to early questions would be found in the talks

The second practice session was much better as we had learned to 'share screen' and ensure our videos were on when required. We learned that in preparing the Ppt the transition was very important so as to prevent delay in the projection of material

In the interest of time the speakers agreed that I would introduce them very briefly – their names, specialty and country of origin while their CV's were displayed.

Angelina agreed to do the first Q&A session with help from Teddy and I would do the second and wrap up on time.

The team were very friendly and open to suggestion. We had a lot of fun getting to know each other and learning to 'zoom' along the way. A big THANK YOU to Teddy.

Debriefing is also very important and I feel the speakers and moderators should be invited to the debriefing